

BA in Recreation - Option in Recreation Therapy
Major Requirements Worksheet
2021-2022 Catalog

Name: _____ Student ID: _____

Grade	Course Number & Title (units)	Need to Take	Prerequisites†
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Complete ALL of the following core courses:

	REC 141: Introduction to Leisure Services (3) <small>Area: D3</small>		one GE foundation course (corequisite) open to Pre-REC majors
	REC 225: Programming Recreation Activities (3)		open to Pre-REC majors
	REC 341: Evaluation & Research in Leisure Services (3)		a 'C' or better in REC 141 or 225
	REC 351: Foundations of Inclusive Recreation & Recreation Therapy (3)		a 'C' or better in REC 141 or 225
	REC 480: Philosophy of Recreation & Leisure (3)		a 'C' or better in REC 341, 351, and in three 400-level courses; department consent; grad check from CHHS Advising required must be taken the semester prior to REC 498

Complete ALL of the following upper division courses:

	REC 451: Management & Administration of Recreation Therapy Services (3)		a 'C' or better in REC 351
	REC 452: Assessment & Documentation in Recreation Therapy (3)		a 'C' or better in REC 351
	REC 453: Comprehensive Programming & Evaluation in Recreation Therapy (3)		a 'C' or better in REC 351
	ONE (1) of the following: REC 455: Z... REC 456: Z...		REC 455: Z... REC 456: Z...
	REC 458: Clinical Techniques in Recreation Therapy (3)		a "C" or better in REC 351
	REC 485: Fieldwork (3)		instructor consent
	Z... Z... Z...		completion of all major requirements REC 485 or 1000 hours of verified paid or volunteer leadership experienc approved by faculty advisor; consent of internship coordinator

Complete ALL of the following support courses:

	HSC 150: Medical Terminology (3)		none
	PSY 100: General Psychology (3) <small>Area: D3</small>		GE composition ready
	ONE (1) of the following: W... v... W... v...		PSY 100
	ANTH 319: Human Growth & Development (3)		none
	ONE (1) of the following options: /K>... /K>... OR v... v...		207: two GE foundation courses 208: a 'C' or better in one of the following: ART 372, BIOL 201, BIOL 205, BIOL 207, BIOL 212, BIOL 311, CHEM or DANC 261

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Complete 6 units from the following Rec Therapy Electives:

^	Ed, iñiW ^ Æ Z}o • ~ μošμCE ~i•	none	
^	Ed, iñiW , ošZ ~ GE Area: GP ~i•	none	
^	Ed, ðiñW μošμCE ~ } GE Area: F-Capstone or UD D; GI	none	
^	Ed, ðñðW μošμCE ~ P]vP ~i•	none	
^	/K> iñiW]}o}PÇ }(, GE Area: UD P]vP ~i•	GE foundations; upper division standing	
^	KDD iñiW /vš CE μošμCE o }uuμv] š]}v ~i•	none	
^	KDD iñiW ^% Z CEš• (}CE Z}o CE v ~i•	none	
^	KDD ðiñW E}vÀ CE o }uuμv] š]}v ~i•	upper division standing	
^	E iñiW E}vA CE o }uuμv] š]}vW /vš CE š]}v }(D]v GE Area: F-Capstone or UD C or UD D	GE foundations; upper division standing	
^	W iñiW Z}o À o}%u vš ~ > CEv]vPW CE}•• μošμCE o W CE}% š]À ~i•	none	
^	W iñiW CEoÇ ~ > š }o • vš À o}%u vš ~ > CEv]vPW CE}•• μošμCE o W CE}% š]À ~i•	none	
^	^W iñiW /všCE} μ š]}v š} d Z]vP šZ Æ %š]}v o /v]À} μ o	none	
^	^ ZE ðiñW W CE}% š]À • GE Area: CE-Capstone or PUC D; Writing Intensive; HD	GE foundations; upper division standing; GPE score of or portfolio course	
^	^ ZE ðiñW P]vP ~ u vš] ~i•	upper division standing	
^	^ ZE ðiñW EhdZ ðiñW EμšCE]š]}v ~ P]vP ~i•	NUTR 132 or BIOL 207 or BIOL 301 or GERN 400	
^	^ ZE ðððIZ ðððW]•]o]šÇU μošμCE ~ ^}] šÇW /••μ • ~ /vš CEÀ vš]}v ~i•	none	
^	^ ,^ iñiW CEμP • GE Area: ŠZ ~i•	GE area A completion	
^	^ ,^ ðiñW 'o} o GE Area: F-Capstone or UD D; GI	GE foundations; upper division standing	
^	^ ,^ ðiñW ,μ u v ^ Æ μ o]šÇ ~ GE Area: F-Capstone or UD D; HD	GE foundations; upper division standing	
^	^ , s iñiW šZ ~ GE Area: F-Capstone or UD D	GE foundations; upper division standing; ANTH 120 or HDEV 180 or PSY 100 or SOC 100	
^	^ , s iñiW %}%CE} Z • š GE Area: F-Capstone or UD D; GI	GE foundations; a 'C' or better in ANTH 120 or HDEV 1 PSY 100 or SOC 100	
^	^ , s iñiW %}%CE} Z • š} μošZ } GE Area: F-Capstone or UD D; HD	GE foundations; a 'C' or better in ANTH 120 or HDEV 1 PSY 100 or SOC 100	
^	W^z iñiW ^ v • š]}v ~ W CE %š]}v ~i•	PSY 100, 220, 241	
^	W^z iñiW W•Ç Z}o}PÇ }(u}š]}v ~i•	PSY 100, 220, 241	
^	W^z iñiW WZÇ•]}o}PÇ }(Z À]}CE ~i•	PSY 100, 220, 241	
^	W^z iñiW À}oμš]}v GE Area: F-Capstone or UD D ~i•	PSY 100; GE foundations; upper division standing	
^	W^z iñiW ^}] o W GE Area: UD D; HD ~i•	PSY 100	
^	W^z iñiW W•Ç Z}o}PÇ }(Z}o ~ } GE Area: UD D; HD À o}%u vš ~i•	PSY 100	
^	W^z iñiW μš]•u ^% šCEμu]}CE CE• ~i•	PSY 100	
^	W^z iñiW À o}%u vš o W•Ç Z}% šZ}o}PÇ ~i•	PSY 100	
^	W^z iñiW À o}%u vš W u CE]vP μošZ}} š} P]vP ~i•	PSY 100	
^	W^z iñiW , ošZ W•Ç Z}o}PÇ ~i•	PSY 100	
^	W^z iñiW W•Ç Z}o}PÇ }(^šCE •• ~i•	PSY 100	
^	^t iñiW ,μ u v Z À]}CE ~ ^}] o vÀ]}CE}vu vš W]CEšZ šZCE}μPZ	GE foundations	~i•
^	^t iñiW ,μ u v Z À]}CE ~ ^}] o vÀ]}CE}vu vš W z}μvP μošZ}} šZCE}μPZ Ko P ~i•		