

# LONG BEACH COLLABORATIVE RESOURCE LIBRARY (GARDENA)

## ACTIVIDAD FÍSICA/ **PHYSICAL ACTIVITY**

### Gardena Parks, Recreation & Marine

[www.cityofgardena.org/live-work-and-play-2/](http://www.cityofgardena.org/live-work-and-play-2/)

[www.cityofgardena.org/recreation-classes/](http://www.cityofgardena.org/recreation-classes/)

310 217-9537

#### \*Mas Fukai Memorial Park

14708 D. Halldale Avenue Gardena, CA 90247

310 217-9557

#### \*Arthur Johnson Memorial Park

1200 W. 170th Street Gardena, CA 90247

310 217-9563

#### \*Paul Rowley Memorial Park

13220 S. Van Ness Avenue Gardena, CA 90249

310 217-9562

#### \*George Freeman Memorial Park

2100 W. 154th Place Gardena, CA 90249

310 217-9558

#### \*Edward Thornburg Memorial Park

2320 W. 149th Street Gardena, CA 90249

310 217-9560

#### \*Ernest Primm Memorial Pool

1650 W. 162nd Street Gardena, CA 90247

310 217-9559

#### \*James Rush Memorial Gymnasium

1651 W. 162nd Street Gardena, CA 90247

310 217-9598

#### Boys & Girls Club of America

802 W Gardena Blvd. Gardena, CA, 90247

310 523-2173| [www.bqca.org](http://www.bqca.org)

#### Healthy Active LB

2525 Grand Ave. Long Beach, CA, 90815

562 570-4244 (English) 562 570-4292 (Spanish)

[www.longbeach.gov/health/healthy-living/individual/nutrition-and-physical-activity/](http://www.longbeach.gov/health/healthy-living/individual/nutrition-and-physical-activity/)

#### Nakoaka Community Center

Classes for Children & Adults

1670 W 162nd Street Gardena, CA 90247

310 217-9537

#### Gardena- Carson Family YMCA

1000 Artesia Blvd