



CSULB Housing and Residential Life Response to Bed Bugs

Bed bugs have become an increasing problem nationwide. The increase is believed to be due to the discontinued use of the toxic chemicals which are needed to control them. Current measures are effective, but must be followed with care. When a room is infected, the whole room must be treated. In addition, adjacent rooms must be inspected, and possibly treated. Clutter in a room provides more places for these insects to hide. Although bed bugs do not carry disease, they are still unwelcome visitors that are difficult to eradicate. Multiple inspections and treatments may be necessary for complete extermination. A coordinated effort within the university community is most effective in dealing with this issue.

The following departments will work together to resolve any bed bug issues:

- Housing and Residential Life
- Environmental Health and Safety
- University Health Services

These departments will be responsible for:

- Providing proper pest management services for the areas affected including heat treating all residents clothes and bedding.
- Ongoing communication with the resident about the treatment process and progress.
- Providing vinyl sealed mattress covers or a replacement mattress, as necessary.
- Providing health related assistance to students in regard to bites.
- Communicating any issues related to bed bugs to Environmental Health and Safety.

The Resident and Roommate will be responsible for:

- Following the Treatment Protocol.
 - Communicating with staff about the situation and any future bites, outbreaks or any allergies they may have.
 - Understanding that it will likely take multiple treatments to solve this problem and eliminate the pest.
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- If bed bugs are found in the bedroom, Housing staff will provide residents with clear plastic bags. Residents will need to bag all personal belongings (clothing, pajamas, shoes, etc...).
- Housing staff will pick up these items and heat-treat them in a hot dryer for 30 minutes. Items not able to be heat-treated will be steam-treated.
- Personal items will be stored by Housing until treatment of the bedroom is complete.
- A physical inspection of the adjacent bedrooms next to, above, and below the target bedroom will be performed by Housing staff to confirm these bedrooms are not infested.
- University Housing staff will remove any infested items including: mattresses, pillows, bed boards, and drapes and incase them in impregnable zipper covers designed for bed bug control.
- A licensed pest company will respond to treat the bedroom carpeting and furnishings inside the infested bedroom(s).
- The residents will need to vacate the bedroom for approximately 6 hours. No reentry will be possible until then. In some cases, the residents will be relocated to another bedroom while the treatment takes place.
- After the bedroom has been treated, the Housing staff will reassemble the furniture, clean the bedroom, and bring back personal items.
- University Housing staff will install climb-up insect interceptor (cup traps) at each bed post to prevent any active bed bugs from accessing the bed. The Housing staff will monitor these cup traps for the next 5 to 7 days.
- After the residents have organized their belongs back in their bedroom, the Housing staff will set-up a Night Watch, an electronic carbon-dioxide monitoring and trapping device in the bedroom for 5 to 7 days to ensure the bedroom is bug free. After the 5 to 7 days without any trace of bugs, the Night Watch will be removed.

Step 8

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- Where appropriate, Housing staff will request that resident put all personal items in contact with the bed into plastic bags and heat-treat in dryer for 30 minutes to eliminate any “hitchhiking” bed bugs.
- The resident will report to the HRL Associate Director whether any additional bites have appeared.
- This assessment process is repeated until bed bugs are positively confirmed. Upon confirmation, a licensed pest control company will be contacted and a schedule established to begin the treatment process.



Name of Resident: _____

Date: _____

Hall and Room Number: _____

HRL Insect Evaluation Questionnaire

1. When did you first notice the bites (days/weeks ago?) _____
2. Have you seen insects in your room? **Yes/ No**
3. Are your roommates experiencing any bites? **Yes/ No**
4. When did you last travel (before and/or after) noticing the bites?

5. Have you stayed overnight during the time the bites appeared? (other rooms, friends
Y)l and R:nd/or



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