x Parkside has one shared laundry behind the Service Center. We cannot allow more than one
student in the laundry area at a time, so all we can offer is sign up for students to do their
laundry. We recognize that there aren’t enough hours in a day to allow for every student to do
their laundry at this time so we ask that only students who absolutely need to do laundry sign
up at https://www.signupgenius.com/go/8050449aaaf2eaaf94-parkside1. This would be one
additional exception to being out of the building, but the permission to do so can be verified by
the sign up and swipe log into the laundry room.
Can I get packages? x Unfortunately, we cannot have students come into the service center to retrieve packages. We
recognize that some students may absolutely need a medication that is being delivered to you. If
this is the case, students should communicate their need with their SHS case manager and they
will arrange for delivery of the package.
Can I be outside to exercise? x No, unfortunately this is not permitted under the guidance of Long Beach Health and Human
Services. ASI’s Student Recreation and Wellness Center has online health and wellness
programing that can be used in indoor spaces for students who want to stay active during this
time.
How do I get facilities maintenance work done in my building? x Please fill out a facilities work order form through the StarRez portal. We have facilities staff that
are trained with the appropriate PPE to enter the buildings and maintain the buildings.
What do I do if I’m locked out of my room? x Please be careful to take your ID with you whenever you leave your bedroom. We have hall staff
that are quarantined with you in the building that can provide you access to your room.
However, they may be in virtual classes and may ask you to wait outside your room until they
can get to you. Call the Parkside on-call number at (562) 370-4739 and the appropriate staff
member will be dispatched. There is a charge for lock-outs.
Will I have to be tested again? x It is a possibility that towards the end of the quarantine period, students would need to be
tested again. This would be a decision of Long Beach Health and Human Services which dictate
the required course of action. As soon as we know next steps you will be notified.
Is there anything to do while we are in quarantine? x The entire quarantine situation can be isolating, boring, and frustrating. We recognize these
frustrations, and yet we must uphold the quarantine for the health of those on campus and for
the greater Long Beach community. We encourage you to use the tools available to you (zoom,
MS teams, social media, etc.) to interact with others during this time. ASI, SHS, CAPS, and the

Res Life team have worked to develop programing that students can participate in while under
quarantine. Those resources will be sent to you in another email.