

BS in Kinesiology -
Major Requirements Worksheet

Name: _____ Student ID: _____

Grade

Prerequisites†

Complete ALL of the following common core courses:

40-41 Units

Complete 3 units from the following physical activity courses:

3 Units

Grade

Course Number & Title (units)

Grade

KIN 100A: Archery* (1)
KIN 102A: Badminton (1)

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Grade	Course Number & Title (units)	Prerequisites†
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Complete ALL of the following upper division courses: 18 Units

	KIN 335: Historical & Cultural Foundations of Sport & Kinesiology in America (3)	
	KIN 338: Women in Sport (3) GE Area: UD D	
	KIN 472: Applied Sport Psychology (3)	
	KIN 475: Psychology of Coaching (3)	
	KIN 478: Psychological Aspects of Exercise & Fitness (3)	
	ONE (1) of the following: PSY 351: Social Psychology (3) GE Area: UD D PSY 356: Personality (3) GE Area: UD D	

Complete 12 units from the following Sport Psychology & Leadership Electives 12 Units

	KIN 156: Sports Appreciation (3) GE Area: D3	
	KIN 210: Advanced Emergency Care (3)	
	KIN 488A: Fundamentals in Sport Training & Research (3)	
	KIN 488B: Advanced Sport Training & Research (3)	
	KIN 489B: Fieldwork in Athletic Coaching (3)	
	KIN 497: Independent Study (1-3)	
	PSY 351: Social Psychology (3)* GE Area: UD D	
	PSY 453: Principles of Group Dynamics (3)	
	ANTH 353: Health & Healing (3)	
	ANTH 412: Culture & Communication (3) GE Area: UD D	
	BLAW/PHIL 400: Business Ethics (3) GE Area: UD C or UD D	
	COMM 306: Communication Theory (3)	
	COMM 335: Persuasive Speaking (3)	
	COMM 411: Interpersonal Conflict Resolution (3)	
	HSC 227: Drugs & Health (3) GE Area: E	
	REC 321: Leadership in Recreation & Leisure Studies (3)	
	REC 322: Recreational Sports Supervision (3)	
	REC 324: Campus Recreation Services (3)	
	REC 340: Leisure in Contemporary Society (3)	
	REC 427: Legal Aspects of Leisure Services (3)	

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