

# Career Readiness Self-assessment

Complete the following self-assessment to see what professional competencies you need to develop and practice to be career ready and experience work success.

**Scoring Rubric:**

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## Are You Career Ready? Career Readiness Strategies

Now that you have reflected on what professional competencies you need to develop and practice to be career ready and experience workplace success, use the strategies outlined below to develop personalized career goals. Remember, this is your journey and career.

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Levels of Competencies	Points	Strategies
Thriving	41-50	<ul style="list-style-type: none"> <li>{ Develop your professional brand and utilize LinkedIn to research your desired career path</li> <li>{ Pursue your interests and engage in projects in your chosen field. Generate ideas and content that may benefit the field and publish your work (i.e. blog, conference presentations)</li> <li>{ Maintain a strong network of support with one or more mentors that you can seek advice from</li> <li>{ Create a 3 to 5-year career plan outlining specific goals and steps to reach them</li> </ul>
Achieving	31-40	<ul style="list-style-type: none"> <li>{ Attend events to grow and develop your network (i.e. networking mixers, conferences, professional associations)</li> <li>{ Narrow down your interests and identify an area of specialization in your field (i.e. Biology, specialty in Stem Cell Research)</li> <li>{ Develop a 1 to 2-year career plan with help from an advisor/counselor/mentor</li> <li>{ Complete a challenging project that will help you develop your strengths</li> </ul>
Aspiring	21-30	<ul style="list-style-type: none"> <li>{ Join additional</li> </ul>